

PROCLAMATION

Whereas, the President of the United States has designated May as Older Americans Month and National Physical Fitness and Sports Month; and

Whereas, it is appropriate to honor our older adults for their many contributions to the vitality and strength of our community; and

Whereas, the United States Surgeon General has determined that regular physical activity results in significant health benefits and improved quality of life for older adults; and

Whereas, all older adults can participate in activities that improve and maintain their health;

Now, Therefore, on behalf of Town Council, I, Peter Lagiovane, Mayor of the Borough of Chambersburg, proclaim Wednesday, May 29, 2013 as National Senior Health & Fitness Day in the Borough of Chambersburg, Pennsylvania and urge all of our citizens to support the efforts of local organizations that encourage older adults to enhance their lives through physical activity and wellness.



In witness whereof, I have hereunto set my hand and seal of the Borough of Chambersburg to be affixed this 29th day of May, 2013.

Peter Lagiovane