



Exclusive 2019 Ohio Health Plan Sponsor:



FROM |  buckeye  
health plan.

For more information about Allwell from Buckeye Health Plan:

**Call: 1-877-826-5518; (TTY: 711)**

**Event Date: May 29, 2019 • Theme: “Live and Thrive with Exercise!”**

Here are a few of the many *National Senior Health & Fitness Day*<sup>®</sup> events being held in Ohio on Wednesday, May 29th. These Ohio events also feature participation by our official 2019 State Event Sponsor, Allwell from Buckeye Health Plan. We thank Allwell from Buckeye Health Plan for their support of *National Senior Health & Fitness Day* in Ohio.

On May 29th, more than 1,000 local organizations across the country will be hosting health and wellness activities for 100,000+ seniors, as part of the nation's largest older adult health and wellness event. For more details about the 26th annual *National Senior Health & Fitness Day*, visit: [www.fitnessday.com](http://www.fitnessday.com), or e-mail: [info@fitnessday.com](mailto:info@fitnessday.com).

**Please call the event contacts below for details about their events:**

Reach Opportunity Center at Summit Lake, 390 W. Crosier Street, Akron, OH

Event Contacts: Kevin Strickland, Phone: 216-316-7308 / Pam Jones, Phone: 216-215-8660

Carl Linder YMCA, 1425 Linn St., Cincinnati, OH

Event Contacts: Jan Harper-Jackson, Phone: 513-504-6274, [jajackson@centene.com](mailto:jajackson@centene.com) / Rhiana Rew, Phone: 513-441-6947

Indian Hills Senior Community Apartments, 1541 East 191st Street, Euclid, OH

Event Contacts: Fred Cameron, Phone: 216-339-1907 / Valorie Rose, Phone: 216-287-5554

Columbus Nationwide Arena, 200 W Nationwide Blvd., Columbus, OH

Event Contacts: Sheila Speights, Phone: 419-705-3266 / Kendra Kelso, Phone: 614-208-0652

YMCA of Greater Dayton – Downtown, 316 N. Wilkinson St., Dayton, OH

Event Contact: Anisa Ballard, Phone: 513-509-4046

Franklin Park Mall, 5001 Monroe Street, Toledo, OH

Event Contacts: Michael Hibbard, Phone: 419-261-4309 / Marriah Kornowa, Phone: 419-343-7339